

MULTI-RISK ASSESSMENT

Printable Clinical Form - structured assessment across major safety and clinical risk domains

Client: _____ **DOB:** _____
Clinician: _____ **Date/Time:** _____
Setting: _____ **Assessment prompted by:** _____

Use when risk extends beyond suicide alone. Assess relevant domains, determine the clinical significance of findings, document rationale, and connect identified risk to an appropriate response.

1. Risk Domains Assessed

- | | |
|---|---|
| ☐ Suicide / suicidal behavior | ☐ Nonsuicidal self-injury |
| ☐ Harm to others / violence | ☐ Abuse / neglect / exploitation |
| ☐ Domestic / intimate partner violence | ☐ Substance-related risk |
| ☐ Impaired judgment / inability to care for self | ☐ Psychosis / severe disorganization |
| ☐ Elopement / unsafe wandering | ☐ Sexual safety / exploitation risk |
| ☐ Environmental / access-to-means risk | ☐ Other clinically significant risk |

Presenting concern / reason for risk assessment:

2. Suicide / Self-Harm Risk

- | | |
|--|--|
| ☐ No current concern identified | ☐ Passive death wish |
| ☐ Active suicidal ideation | ☐ Plan |
| ☐ Intent | ☐ Access to means |
| ☐ Recent attempt / preparatory behavior | ☐ Nonsuicidal self-injury |
| ☐ History elevating current risk | |

Relevant details / severity / timing / context:

3. Harm to Others / Violence Risk

- | | |
|--|---|
| ☐ No current concern identified | ☐ Thoughts / fantasies of harming others |
| ☐ Identified target / victim | ☐ Threats communicated |
| ☐ Plan | ☐ Intent |
| ☐ Access to weapons / means | ☐ Recent aggression / violence |
| ☐ History of violence | ☐ Escalating anger / agitation / loss of control |

Relevant details / severity / timing / context:

4. Abuse, Neglect, Exploitation, or Interpersonal Danger

- | | |
|--|---|
| ☐ No current concern identified | ☐ Suspected / disclosed child abuse or neglect |
| ☐ Suspected / disclosed vulnerable-adult abuse or neglect | ☐ Intimate partner / domestic violence |
| ☐ Sexual violence / coercion | ☐ Financial / other exploitation |
| ☐ Stalking / harassment / coercive control | ☐ Immediate environmental danger |

Relevant details / severity / timing / context:

5. Substance / Impairment-Related Risk

- ☐ No current concern identified
- ☐ Withdrawal risk
- ☐ Overdose risk
- ☐ Driving / other hazardous behavior while impaired

Relevant details / severity / timing / context:

- ☐ Intoxication affecting judgment
 - ☐ High-risk substance use
 - ☐ Medication misuse
 - ☐ Substance use increasing suicide / violence risk
-

6. Mental Status / Capacity / Self-Care Risk

- ☐ No current concern identified
- ☐ Command hallucinations
- ☐ Severe disorganization / confusion
- ☐ Unable to meet basic needs / self-neglect

Relevant details / severity / timing / context:

- ☐ Psychosis / severe perceptual disturbance
 - ☐ Mania / severe activation
 - ☐ Marked impulsivity / impaired judgment
 - ☐ Cognitive impairment affecting safety
-

MULTI-RISK ASSESSMENT - CONTINUED

7. Risk Factors Increasing Current Concern

- | | |
|--|--|
| ☐ Recent loss / crisis / destabilizing event | ☐ Prior attempts / violence / serious risk behavior |
| ☐ Access to lethal or dangerous means | ☐ Substance use / intoxication |
| ☐ Severe mood symptoms | ☐ Psychosis / disorganization |
| ☐ Impulsivity / poor judgment | ☐ Social isolation |
| ☐ Treatment disengagement / nonadherence | ☐ Legal / financial / housing instability |
| ☐ Recent transition / discharge from higher level of care | ☐ Other |

8. Protective / Mitigating Factors

- | | |
|--|--|
| ☐ Supportive relationships | ☐ Engagement in treatment |
| ☐ Help-seeking / willingness to collaborate | ☐ Future orientation / reasons for living |
| ☐ Effective coping / problem-solving | ☐ Stable environment / supervision |
| ☐ Restricted access to means | ☐ Medication / treatment adherence |
| ☐ Connection to community / services | ☐ Other meaningful protective factor |

9. Clinical Formulation: What Is Driving Risk Now?

Integrate the relevant risk domains rather than merely listing checked items. Identify interactions among risks, acute changes, chronic vulnerabilities, protective factors, and foreseeable concerns.

10. Overall Clinical Risk Formulation

Overall Clinical Risk Formulation	Low	Moderate	High	Imminent / Emergency
	[]	[]	[]	[]

Rationale for overall risk level:

11. Actions / Safety Response

- | | |
|---|--|
| ☐ Routine outpatient monitoring | ☐ Safety plan developed / reviewed |
| ☐ Means restriction / environmental safety steps | ☐ Crisis resources provided / reviewed |
| ☐ Increased frequency / follow-up | ☐ Consultation / supervision |
| ☐ Collateral / support involvement | ☐ Mandated report / protective services contact as applicable |
| ☐ Coordination with medical / psychiatric provider | ☐ Urgent evaluation / higher level of care |
| ☐ Emergency / crisis response activated | ☐ Other |

Specific actions taken and clinical rationale:

12. Follow-Up / Reassessment Plan

- | | |
|--|---|
| ☐ Reassess next session | ☐ Reassess within specified interval |
|--|---|

- ☐ Reassess with clinical change
- ☐ Care coordination planned
- ☐ No further reassessment planned; rationale documented

- ☐ Follow-up contact arranged
- ☐ Transfer / higher level of care follow-up

Clinician	Date
Signature:	:
